

**Issue No. 20**

**23<sup>rd</sup> February 2018**

### **Headlines by Caroline Gibson...**

#### **What Year 7 Pupils Think**

Now that Year 7 pupils have reached the half year milestone of their first year at Hadleigh High School they were asked to write letters to their peers in Years 5 and 6 about their experience of high school. We use pupil feedback to ensure we can enhance the offer to our pupils and ensure transition is as smooth as possible. We also compare pupil views to those of parents gathered by governors at Parents' Evenings. Year 7 parents also felt their children had settled well into high school. Below are a range of points pupils raised.

*'High School is a good opportunity to learn.'* Ollie K

*'You make lots of new friends from other schools.'* Jamie P

*'If you are worried about coming to high school don't worry. It might be a big change but it is a great change.'* Ella J 7A

*'There are many school activities you can get involved in like music clubs, art clubs and game clubs. High School is a way to improve yourself.'* Lewis W

*'We have a fabulous selection of staff. They are supportive in all they do.'* Caitlin M

*'High School is a great school with new amazing subjects such as Food Tech.'* Jake C

*'Starting a new school can be a daunting prospect. There are incredible opportunities to take part in extra-curricular activities such as sport and music. The teachers can be funny and it's fantastic having a range of people teaching you.'* Bethany H

*'I have had great fun at High School and have learned a lot.'* Matthew H

*'If you are worried about finding places then your transition coaches (older pupils) help you to find the right room.'* Will C

*'I have started a new language lesson – German. I love it a lot.'* Owen P 7G

*'You make lots of new friends. There will be many new faces but you will get to know people from different years, especially if you join one of the many clubs.'* Lauren B

*'The teachers are friendly and help you. The bus journey is fun but you need to wake up really early! You have assembly on a Monday and practice LORIC (Leadership, Organisation, Resilience, Initiative and Communication) skills in form time.'* Ollie B

*'You will immediately make new friends and feel safe and comfortable when around the people in your form. I made friends really easily here and you get rewards for good behaviour.'* Milly B 7O

*'Being a student at high school is so much better than being a primary school student. You are more independent and you have a bigger space to play games. I enjoy the variety of lessons and the fact that I'm with some of my old friends and I've also made some good new friends.'* Henry B

*'There are so many new lessons to do like food tech, DT with proper tools! And much more!'* Ben L

*'I have had a blast for the time I have been at high school. I've enjoyed all the extra lessons such as: DT, geography, German and science experiments. You are promised a warm welcome that will help you settle in with all the great things here.'* Natalia O

*'I was worried about moving up to high school but I was reassured when I got up there and saw all the nice, welcoming people.'* Lucy H

*'There are some great opportunities at Hadleigh: school productions, inter house quizzes, tournaments as well as new subjects.'* Shania W



learn about it / talk about it / deal with it

### How e-safe are you as a Parent?

Having had our focus on Safer Internet day before the half term break, have you ever wondered about your e-safe skills as a parent? Find out how you score in this Internet Matters e-safety quiz for parents by answering 7 simple questions – good luck! <https://www.internetmatters.org/hub/interactive/how-e-safe-are-you-as-a-parent/>

#### Thanks to:

**Levi Barrett, Faith Chell, Grace Fovargue, Callum Hayes, Kara Meldrum and Charlotte Squirrell** for their assistance with interviews this week.

#### Congratulations to:



**Bethany Maskell (11D)** who came joint second in the High Sheriffs Young Volunteer 2018 Award for all her work with in Young Farmers. It was a class for the under 25's and were inundated with nominations. She was presented a framed certificate and cheque for Brett Valley Young Farmers (her club) for £250.

#### Headteacher's Merits recently awarded to:

##### Year 7

**Deacon Cutt, Dominic Grist, Bethany Herron, Isobel Kellett, Ollie Knuckey, Charlie Miller, Amber Runnels-Moss, Jodie Turner, Shania Warren.**

*Hadleigh High School – learning and growing together;  
each playing our part in changing the world for the better.*

### **Year 8**

**Heather Blacoe (2), Rhys Caillaud-Shaftoe, Oliver Cross, Carrie Fowler, Charlotte Graham, Olivia Hagger, Lola Hinton-Barnett, Leoni Miles, Daniel Nistor, Flora Noble, Lauren Rooney, Megan Russell, Sidney Stanmore, Eleanor Stiff, Phoebe Van-Sickle, Caitlin Vincent.**

### **Year 9**

**Gabriella Avis, Levi Barrett, Lily Beer, Maddison Bulbeck, Kaleb Bullard, Eleanor Chaplin, Tommy Chisnall, Oliver Clark(2), Luke Collis (2), Casey Cook, Jakob Dadson, Nadia Day (2), Ellis Finley, Joseph Fidell, Ryan Fosker, Connor Freeman, Grace Goodliff (2), Harry Goodliff (2), Florrie Grigg-Pettitt, Georgette Hawthorn, Hollie Hayward, Olivia Hazell (2), Ed Johnston, Will Johnston, Laura Kebell, Tom Lindsay, Connor Lombardo, Emily Norman, Harry Norman, Louie Marshall, Sofia McLeod, Jess Miller, Harry Norman, Ellie Oxley, Fern Ramplin (2), Tom Reily, Joshua Rupp, Kiera Samuel, Jenna Seager (2), Louis Searle (2), Ben Sheldrake, Thomas Simmons, Daniel Smith, Raphael Spraggons, Alfie Taylor (2), Oscar Taylor, Lois Tillsley, Robyn Warner, Katelin Winfield, Nathan Woolacott-Crow, Elliot Woolston, Jody Wright, Emily Young.**

### **Year 10**

**Hannah Simmons, Matthew Widdowson.**

### **Year 7 Languages and Culture Passports**

We have been very impressed at the variety of composers and classical music which Year 7 students researched as part of the last Passport task. Some students clearly enjoyed what they discovered and a very few were very honest about their dislike of some of what they listened to. However we are delighted that all students had the opportunity to explore an aspect of other cultures which, for some, was previously unknown.

The next task focuses solely on language and asks students to research some basic phrases that would be useful when travelling to French and German speaking countries. If students would like to take it one step further, we invite them to research and share such phrases in another language.

Each Year 7 class will be set a deadline for this task which can be found in planners.

Please don't hesitate to email at [kmiller@hadleighhigh.net](mailto:kmiller@hadleighhigh.net) if you have any questions regarding the Year 7 Language and Culture Passport

### **Absence Telephone Number/ParentMail**

If your child is away from school, please telephone the school on the morning your child is absent. **There is a dedicated telephone line for you to leave a message regarding your child's absence, the number is 01473 820940 or you can register your child's absence via Parentmail.**

If possible, please indicate how long you think your child is likely to be absent. To support and help you in keeping a check on attendance, we will telephone or text you each day your child is away from school, if we have not heard from you.

If your child arrives late to registration a text will be sent to parents.

If we have not been able to make contact with you regarding your child's absence, you will need to send a note in to your child's Form Tutor, otherwise the absence will be recorded as "Unauthorised" and considered as truancy.

## IMPORTANT Notice: Suffolk County Council's Free School Meals Service

**Message from Suffolk County Council Free School Meals Service:** Please note that from the 1<sup>st</sup> January 2018 SCC will no longer be accepting paper applications, only online applications. Please apply online at [www.suffolk.gov.uk/freeschoolmeals](http://www.suffolk.gov.uk/freeschoolmeals).

## Year 7 'Superstars' and Year 8 'Stars of the Week'

The Year 7 Tutor teams nominate a week 'Superstar' based on their efforts and attitude across school. This week's winners are:

**Alfie Baker, Corey Bignell, Connie Blake, Deacon Cutt, Lizzie England and Charlie Miller.**

They have had the honour of wearing a 'Superstar' badge which has given them priority serving at lunchtime.

The winners of this week's Year 8's '**Stars of the Week**' are:

Lola Hinton-Barnett

We are extremely proud of your attitude to learning and hope to see this continue! Well done to you all.

## Health and Safety Allergies

Allergies in society are always on the increase, and in school we are constantly making sure that we protect our students and staff who are susceptible to reactions with certain food types. In order to further protect the wellbeing of our school community, we have made the school a **nut-free zone** and would like to thank you for your support in this matter by not allowing your child to bring in items of food which contain nuts. We have provided, for your information, a list of popular items to be aware of. For some items the link with nuts may be obvious but for others it may be less clear!

**Nutella** (hazelnuts)

**Milka chocolate** that has no signs of nuts on the packaging but is made with hazelnut.

**Pesto** (pine nuts - not always officially classed as a nut, however many also contain cashew nuts, so let's not risk it).

**Marzipan** (almonds)

**Nougat** also contains nuts.

If anyone is in the habit of buying tins of chocolates as gifts these should be checked carefully.

**Peanut butter** - and also all the other **nut butters**. If you can't live without peanut butter, some people with nut allergies find that "Speculoos" (the Belgian biscuit spread - available in most supermarkets) is a reasonable replacement - similar texture and at least equal quantity of calories.

The majority of **breakfast / energy bars** contain nuts **Granola** - in case people bring in breakfast.

**Coconut is absolutely fine.** Not classed as a nut.

Thank you.

## Parents' Evenings

**Year 10** – 19<sup>th</sup> April 4:30pm/7:30pm

**Year 6** – 9<sup>th</sup> July 7:30pm/8:30pm

**Please look out for our School Governors at Parents' Evenings. They look forward to meeting the parents and are very happy to discuss any issues you may have.**

## Letters recently sent out/emailed via ParentMail

### Year 8 – Suffolk One visit

#### School Lunch Menus

Our School Menus and information on Nutrition/ Allergan can be accessed via the catering company, Vertas, who provides our school catering. Click here to open the link [www.vertas.co.uk/catering/Vive](http://www.vertas.co.uk/catering/Vive).

This lists all the weeks' menus and the dates they are available. The cost of a meal deal is £2.30.

#### School Uniform Supplier Coes of Ipswich

Coes of Ipswich now stock our School uniform. Click here for their website [www.coes.co.uk](http://www.coes.co.uk).

Please be assured that any change in uniform would always involve a consultation with our stakeholders and, any such changes would have a lengthy phase-in period and plenty of notice.

#### Forthcoming Dates

|   |   |   |
|---|---|---|
| <b>24<sup>th</sup> Feb.</b>                 | - | <b>Year 11 Maths Revision Session (Foundation) 9:00am/11:00am</b> |
| <b>24<sup>th</sup> Feb.</b>                 | - | <b>Suffolk New College Taster Event – 10:00am/12:00pm</b>         |
| <b>2<sup>nd</sup> March</b>                 | - | <b>Enrichment Day</b>   |
| <b>2<sup>nd</sup> March</b>                 | - | <b>Year 7 Colchester Zoo trip</b>                                 |
| <b>2<sup>nd</sup> March</b>                 | - | <b>Year 8 trip to Suffolk One Sixth Form College</b>              |
| <b>2<sup>nd</sup> March</b>                 | - | <b>STEM visit to RAF Honington</b>                                |
| <b>3<sup>rd</sup> March</b>                 | - | <b>Year 11 Maths Revision Session (Higher) 9:00am/11:00am</b>     |
| <b>8<sup>th</sup> March</b>                 | - | <b>Year 9 Options' Evening – 7:00pm/8:30pm</b>                    |
| <b>8<sup>th</sup> /9<sup>th</sup> March</b> | - | <b>Year 10 Geography Field trip - 10:30am/2:50pm</b>              |
| <b>10<sup>th</sup> March</b>                | - | <b>Duke of Edinburgh Silver Training – Thorpe Woodlands</b>       |
| <b>10<sup>th</sup> March</b>                | - | <b>Year 11 Maths Revision Session (Foundation) 9:00am/11:00am</b> |
| <b>14<sup>th</sup> March</b>                | - | <b>Year 11 Photographs</b>  |
| <b>17<sup>th</sup> March</b>                | - | <b>English Schools' Athletic Championships</b>                    |
| <b>17<sup>th</sup> March</b>                | - | <b>Year 11 Maths Revision Session (Higher) 9:00am/11:00am</b>     |
| <b>22<sup>nd</sup> March</b>                | - | <b>Year 11 Progress Evening (Invitation Only) - 4:30pm/7:00pm</b> |
| <b>22<sup>nd</sup> March</b>                | - | <b>Suffolk New Taster Day – 5:30pm/8:00pm</b>                     |
| <b>24<sup>th</sup> March</b>                | - | <b>Year 11 Maths Revision Session (Foundation) 9:00am/11:00am</b> |
| <b>28<sup>th</sup> March</b>                | - | <b>Spring Showcase – 7:00pm/9:00pm</b>                            |

- 29<sup>th</sup> March - LAST DAY OF TERM
- 30<sup>th</sup> March/13<sup>th</sup> April - EASTER HOLIDAYS
- 16<sup>th</sup> April - PUPILS RETURN TO SCHOOL (YELLOW WEEK)
- 19<sup>th</sup> April - Year 10 Parents' Evening – 4:30pm/7:30pm

**WHAT'S ON YOUR MIND TODAY?**

What to cook for dinner?

Where did I park my car?

Should I be worried about my child???

**IF YOU'RE WORRIED ABOUT YOUR CHILD'S EMOTIONAL WELLBEING YOU CAN NOW ACCESS THESE FREE TRAINING COURSES:**

**HEADS UP**  
3.5-hour workshop available for groups of parents and carers, and school staff, who support a child with potential mental health issues, and would like to know more about pressures affecting children and young people, and their impact on mental health. **Please contact: [Gaynor.Schofield@suffolk.gov.uk](mailto:Gaynor.Schofield@suffolk.gov.uk) to organise a group session.**

**SUFFOLK'S NEEDS MET**  
3.5-hour workshop for anyone who wants to know about what it means to be emotionally healthy - why it's important to spot the risks to your mental health. **Please book online.**

**MENTAL HEALTH FIRST AID LITE**  
1 x half day workshop to help identify common mental health issues and how they affect family life. **Please book online.**



**VISIT: [HTTP://PARENTING.SUFFOLKCPD.CO.UK](http://parenting.suffolkcpd.co.uk)**  
For help registering to book your place call: 01473 260464



## EXTRA CURRICULAR SPORTS CLUBS

FEBRUARY 2018 - MARCH 2018



| DAY    | ACTIVITY                 | YEAR GROUP | VENUE       | TIME        | STAFF |
|--------|--------------------------|------------|-------------|-------------|-------|
| Monday | Badminton & Table Tennis | 7 & 8      | Sports Hall | 1.00 - 1.30 | SCL   |

| DAY     | ACTIVITY                 | YEAR GROUP             | VENUE       | TIME        | STAFF |
|---------|--------------------------|------------------------|-------------|-------------|-------|
| Tuesday | Badminton & Table Tennis | 9, 10 & 11             | Sports Hall | 1.00 - 1.30 | MBR   |
|         | Trampolining             | All<br>(GCSE Priority) | Gymnasium   | 2.50 - 3.50 | SCL   |
|         | Running                  | All                    | Field       | 2.50 - 3.50 | JD    |

| DAY       | ACTIVITY       | YEAR GROUP | VENUE       | TIME        | STAFF |
|-----------|----------------|------------|-------------|-------------|-------|
| Wednesday | VCert Catch-up | 10         | CR2         | 1.00 - 1.30 | SCL   |
|           | Multi-Sports   | 7, 8 & 9   | Sports Hall | 1.00 - 1.30 | TBR   |
|           | Netball        | All        | Sports Hall | 2.50-3.50   | MBR   |
|           | Hockey         | 7, 8 & 9   | Astro       | 2.50 - 3.50 | HWI   |

| DAY      | ACTIVITY             | YEAR GROUP | VENUE                  | TIME        | STAFF |
|----------|----------------------|------------|------------------------|-------------|-------|
| Thursday | Girls Indoor Cricket | All        | Sports Hall            | 1.00 - 1.30 | ACO   |
|          | GCSE PE Theory       | 10 & 11    | HM7                    | 2.50 - 3.50 | TBR   |
|          | Girls & Boys Rugby   | All        | Field                  | 2.50 - 3.50 | ACO   |
|          | Fitness              | All        | Fitness Suite & Studio | 2.50 - 3.50 | SCL   |

| DAY    | ACTIVITY   | YEAR GROUP | VENUE       | TIME        | STAFF     |
|--------|------------|------------|-------------|-------------|-----------|
| Friday | Basketball | 7, 8 & 9   | Sports Hall | 1.00 - 1.30 | ACO & HWI |