
Welcome to our new 'phone friendly' layout of Hadleigh Times – your feedback is welcome

Headlines by Caroline Gibson

Head Pupil Initiatives

Every year we ask our pupil leaders to identify initiatives they feel would enhance our school. One of the areas undertaken has been developing leadership links with our feeder primary schools. Last week pupils, Laura Meldrum and Samuel Fowler, visited Hadleigh Community Primary School to deliver presentations about high school life and skills that will help new pupils settle quickly in September. These have been developed by our head pupils for primary pupils. The aim is for our new pupils to gain a good understanding of life at secondary school and the opportunities available to them so that they can make the most of the time they spend with us. The program will soon be passed down to the Junior House Prefects at Hadleigh High School who will also benefit from this initiative by building their public speaking skills and developing their self-confidence.

The focus of the session was on LORIC skills and the importance of leadership, organisation, resilience, initiative and communication with examples of how pupils may develop these skills in a school environment or on extra-curricular activities.

Supporting GCSE Revision: An Evening for Parents – Thursday 25th January 2018 7:00-8:00pm

A reminder that we welcome all families in Year 11, as well as any families of Year 10 pupils, who would like to learn how they can help their child revise successfully on this evening. Many practical tips and strategies will be shared to support revision as well as manage pre-examination nerves.



learn about it / talk about it / deal with it

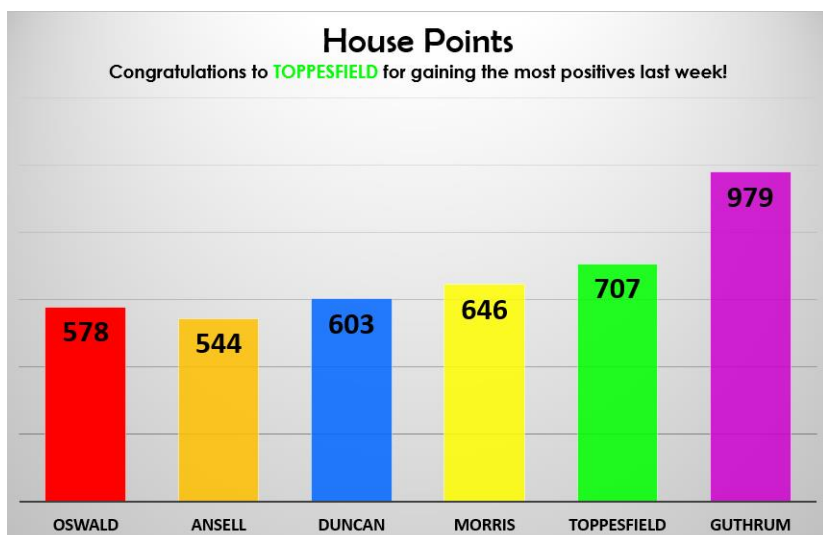
How Can I Protect My Children?

Keeping up to date with what your children are doing online can seem daunting. Technology is constantly advancing and sometimes parents feel that their children know more about the internet than they do. Whatever their age, Internet Matters can help you to find out more about what they might be doing online and give you some simple, practical and easy advice on the steps you can take as a parent to keep them as safe as possible. This link will take you to age specific advice <https://www.internetmatters.org/advice/>

IMPORTANT Notice: Suffolk County Council's Free School Meals Service

Message from Suffolk County Council Free School Meals Service: Please note that from the 1st January 2018 SCC will no longer be accepting paper applications, only online applications. Please apply online at www.suffolk.gov.uk/freeschoolmeals.

House Points



Year 7's 'Superstars' and Year 8 'Star of the Week'

The Year 7 Tutor teams nominate a weekly '**Superstar**' based on their efforts and attitude across school.

This week's winners are:

Caitlin Mitchell (7O)

Jayden Guyton (7A)

Ella Bodsworth (7D)

Ryan Tene (7M)

Alex Palmer-Flory (7T)

Harry David (7G)

They have had the honour of wearing a '**Superstar**' badge which has given them priority serving at lunchtime.

The winners of this week's Year 8's '**Stars of the Week**' are:

Eleanor Stiff (8D)

Orun Englebrecht (8M)

Cameron Hughes (8G)

We are extremely proud of your attitude to learning and hope to see this continue! Well done to you all.

Cross Country Trials at Woodbridge School

The 3rd and final trial to select the Suffolk Schools' Cross Country teams took place on Thursday 11th January at Woodbridge School. The results of the Hadleigh students who took part are as follows:

Minor Girls

Iona Seeley 46th, Bethany Goredema 47th, Ella Bodsworth 48th.

Minor Boys

William Chaplin 32nd, Alex Palmer-Flory 50th.

Junior Girls

Eleanor Chaplin 25th, Sara Scaife 28th, Jess Miller 41st.

Inter Girls

Caitlin Fosker 18th, Louise Funnell 36th.

As a result of performing well in all 3 trial events Caitlin Fosker is likely to be selected to represent Suffolk

Schools in the Anglian Championships to be held at RHS in February. Caitlin has also been chosen to represent Suffolk AAAs in the Inter Counties Championships to be held at Loughborough also in February. Her selection comes as a result of finishing 4th in the recent Suffolk AAA's Championships while running for Hadleigh Hares.

Well done to all the students who took part in this event.

Work Experience Placements Wanted Urgently

Do you know of an employer, specifically office/admin, who may be willing to participate in taking a Year 10 student for 2 weeks commencing Monday 18th June to Friday 29th June 2018. Please contact Miss Curzon, Work Experience Co-ordinator at Hadleigh High School, telephone (01473) 823496 or email lecurzon@hadleighhigh.net if you think you may be in a position to help.

Health and Safety Allergies

Allergies in society are always on the increase, and in school we are constantly making sure that we protect our students and staff who are susceptible to reactions with certain food types. In order to further protect the wellbeing of our school community, we have made the school a **nut-free zone** and would like to thank you for your support in this matter by not allowing your child to bring in items of food which contain nuts. We have provided, for your information, a list of popular items to be aware of. For some items the link with nuts may be obvious but for others it may be less clear!

Nutella (hazelnuts)

Milka chocolate that has no signs of nuts on the packaging but is made with hazelnut.

Pesto (pine nuts - not always officially classed as a nut, however many also contain cashew nuts, so let's not risk it).

Marzipan (almonds)

Nougat also contains nuts.

If anyone is in the habit of buying tins of chocolates as gifts these should be checked carefully.

Peanut butter - and also all the other **nut butters**. If you can't live without peanut butter, some people with nut allergies find that "Speculoos" (the Belgian biscuit spread - available in most supermarkets) is a reasonable replacement - similar texture and at least equal quantity of calories.

The majority of **breakfast / energy bars** contain nuts **Granola** - in case people bring in breakfast.

Coconut is absolutely fine. Not classed as a nut.

Thank you.

Parents' Evenings

Year 9 – 1st February 4:30pm/7:30pm

Year 8 – 22nd February 4:30pm/7:30pm

Year 10 – 19th April 4:30pm/7:30pm

Year 6 – 9th July 7:30pm/8:30pm

Please look out for our School Governors at Parents' Evenings. They look forward to meeting the parents and are very happy to discuss any issues you may have.

Letters recently sent out/emailed via ParentMail

Year 9 – Parents' Evening letter

Year 11 – Hegarty Maths letter

School Lunch Menus

Our School Menus and information on Nutrition/ Allergan can be accessed via the catering company, Vertas, who provides our school catering. Click here to open the link www.vertas.co.uk/catering/Vive.

This lists all the weeks' menus and the dates they are available. The cost of a meal deal is £2.30.

School Uniform Supplier Coes of Ipswich

Coes of Ipswich now stock our School uniform. Click here for their website www.coes.co.uk. We are happy to confirm that we are only changing the supplier of the uniform and amending the PE kit, **not changing** the School day uniform.

Please be assured that any change in uniform would always involve a consultation with our stakeholders and, any such changes would have a lengthy phase-in period and plenty of notice. Governors have said that any change will take two years to become uniform so if you have PE kit that you wish to pass down to younger children they can continue to wear it until September 2019.

Forthcoming Dates

20th Jan.	-	Production Rehearsal – 9:00am/1:00pm
25th/26th Jan.	-	Year 11 Mock Interviews
25th Jan.	-	Supporting Revision: An Evening for Parents of Year 11 7pm/8pm
27th Jan.	-	Production Rehearsal – 9:00am/1:00pm
30th Jan.	-	Year 10 Art trip to Aldeburgh/Snape
31st Jan.	-	Year 10 Drama Monologue Evening – 6:30pm/7:30pm
1st Feb.	-	Year 9 Parents' Evening – 4:30pm/7:30pm
3rd Feb.	-	Anglian Counties Championships at RHS
3rd Feb.	-	Production Rehearsal – 9:00am/1:00pm
6th/7th / 8th Feb.	-	School Production – 7:00pm/9:30pm
8th Feb.	-	Years 8 and 9 HPV Immunisation
9th /17th Feb.	-	Ski Trip to Austria
12th / 16th Feb.	-	HALF TERM HOLIDAY
19th Feb.	-	PUPILS RETURN TO SCHOOL (YELLOW WEEK)
22nd Feb.	-	Year 8 Parents' Evening – 4:30pm/7:30pm
24th Feb.	-	Suffolk New College Taster Event – 10:00am/12:00pm

Small changes,
big differences.



Teen Triple P Group for Parents of Young People (10-17)
Thomas Gainsborough School, Great Cornard, January 2018

Triple P allows parents to choose techniques that work best for them and their families. We provide the information, but you choose the ideas to use and that will work!

Triple P gives parents proven tips and suggestions about handling common behavioural and developmental issues in their children and young people.

Triple P involves emphasising positive communication, and planning ahead to prevent a range of issues

PRESENTER:

Sally Losasso, Parenting Group Facilitator



COURSE DATES:

1. **Group 1** Wednesday 17 January 6 pm – 8 pm
2. **Group 2** Wednesday 24th January 6 pm – 8 pm
3. **Group 3** Wednesday 31st January 6 pm – 8 pm
4. **Group 4** Wednesday 7th February 6 pm – 8 pm
5. **Phone Session 1** Week/beg 13th February **NO GROUP**
6. **Phone Session 2** Week/beg 20th February **NO GROUP**
7. **Group 5** Wednesday 28th February 6 pm – 8 pm

VENUE: Thomas Gainsborough School, Wells Hall Rd, Great Cornard Sudbury CO10 0NH

Contact details: Sally Losasso 0771 309 4347

Email bookings and enquiries to parenting@suffolk.gov.uk

"This group has been **fantastic** for us as a **family**. We have **seen a lot of changes** at home. Our son has been a lot happier lately." "Extremely good course." "Received really useful advice over the weeks." "Very helpful."

www.triplep.net